



www.Zungz.com

Zungz will fit almost all athletic shoes on the market today. Zungz will also fit many hockey skates, roller blades, ice skates, skate shoes, golf shoes, football cleats, soccer cleats, and more. Zungz can even be worn with many work boots. We've even put Zungz on old school Converse All Stars, and they look and fit great! If your shoe has a tongue, then you can wear Zungz.

The only shoes you'll have trouble putting Zungz on are shoes without tongues, shoes with tongues that are sewn into the side of the shoe, or shoes with a fold-over tongue (like some sport cleats).

What size Zungz should I buy?

Zungz come in three sizes: small, medium and large.

As a general rule, Zungz sizes are as follows:

Large Zungz - MEN (3.5" to 5" wide tongues)

Medium Zungz - WOMEN, YOUTH, KID'S (2.75" to 3.5" wide tongues)

Small Zungz - TODDLER'S (1.5" to 2.75" wide tongues)

Lay your shoe's tongue flat against the diagram below, measuring the widest part of the tongue.

OR

Use the ruler on the side and measure your shoes tongue and compare it the sizes above.

